



# HELP IS ON THE LINE

The **U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES** works to protect the health of all Americans and provides essential human services, especially for those who are least able to help themselves.

If you are one of the millions of Americans who need the benefits and services we provide, you can call on us.

**Mental Health** 1-800-273-TALK (1-800-273-8255)

**Head Start Services** 1-866-763-6481

**Temporary Assistance  
for Needy Families (TANF)**

**Medicare**

1-800-MEDICARE (1-800-633-4227)

**Elder Care**

1-800-677-1116

**Medicaid**

**State Children's Health  
Insurance Program (SCHIP)**

**Other**

[www.hhs.gov](http://www.hhs.gov)